

# **Pacific State XC Class 3 State Championships - 11/09/19**

**@ Gans Creek Cross Country Course**

**3350 E Gans Rd, Columbia, MO 65201**

SHUTTLE INFORMATION: The Columbia Parks and Recreation will operate a FREE shuttle bus during the State Cross Country Meet as a convenience to parents and fans. Please reference the map and schedule linked below for locations and times. Six buses run continually during specified times.

First Bus - 7:30 a.m. - 2:30 p.m.      Second Bus - 8:30 a.m. - 1:30 p.m.

**ADMISSION PRICE: Admission for students (age 6 and up) and adults is \$8.00. Children 5 and under are free of charge.**

**Class 3 Girls Race - 11:30 a.m.**

**Class 3 Boys Race - 12:35 p.m.**

**Class 3 Girls and Boys Awards @  
Approximately 1:00 p.m.**

# MSHSAA Guidelines for Fan/Spectator Support Items

In the chart below, **ONLY** those items marked “Yes” will be allowed as fan/spectator support items at all MSHSAA District and State Series Championships. **Schools are encouraged to follow these guidelines during the regular season.** Sportsmanlike vocal cheering and support from the team bench area are encouraged. The items indicated on this page are for use by all fans/spectators.

**LEGEND:** BA-Baseball BK-Basketball CC-Cross Country FB-Football GO-Golf SO-Soccer SB-Softball SW-Swimming & Diving TN-Tennis TR-Track & Field VB-Volleyball WR-Wrestling

SPORT	BA	BK	CC	FB	GO	SO	SB	SW	TN	TR	VB	WR
Balloons	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Banners on wall	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cheerleading uniforms	No	No	No	No	No	No	No	No	No	No	No	No
Hand held signs (no obstruction of view)	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Lace up shoes/running spikes	No	No	No	No	No	No	No	No	No	No	No	No
Megaphones (Exception: Sideline Cheerleaders only)	No	No	No	No	No	No	No	No	No	No	No	No
Alcohol consumption (including but not limited to beer, wine, hard liquor, etc.) *not at the Dome	Yes	No	Yes	Yes	No	Yes	Yes	No	No	Yes	No	No
Compressed Air Horns/sirens	No	No	No	No	No	No	No	No	No	No	No	No
Whistles	No	No	No	No	No	No	No	No	No	No	No	No
Shirts on fans (required)	No	Yes	No	No	No	No	No	Yes	Yes	No	Yes	Yes
Team Introduction Run-Throughs or Break Away Banners (fans)	No	No	No	No	No	No	No	No	No	No	No	No
Team Introduction Run-Throughs or Break Away Banners (team personnel & sideline cheerleaders)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pom-poms/pom-pom sticks	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cannons/muskets/guns/fireworks	No	No	No	No	No	No	No	No	No	No	No	No
Carried school flags (running/taunting prohibited)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Live animals	No	No	No	No	No	No	No	No	Yes	No	No	No

\*not at the Dome

# FOUR FREE SHUTTLE BUSES RUNNING STATE CROSS COUNTRY MEET

Saturday, November 9, 2019  
7:00 a.m. – 2:00 p.m.

PICK UP AND DROP OFF  
Circle Drive – West of Father Tolton HS



