

First Annual

# Gans Creek Classic

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**Saturday, September 28, 2019**

**Gans Creek Cross Country Course, Columbia, MO**

## **Meet Directors**

Erika Coffman, Columbia Parks and Recreation and Neal Blackburn, Rock Bridge High School

## **Course Description**

- Loop course - All distances made up from the 2K loop and 3K loop
- Entire course irrigated and graded for drainage
- Minimum course width is 10 meters throughout
- Starting line accommodates up to 40 teams and 550 meters to first sweeping turn
- 2K loop includes lightly rolling hills; sweeping, graded turns
- 3K loop has common first 1200m with 2K loop
- Last 1800m of 3K loop with sweeping, graded turns with slight uphill 300m finish
- Finish straight away of 300m is slightly uphill with elevated viewing berm

## **Course Features**

- Permanent start/finish line adjacent to medical support and athlete recovery tent
- Fully graded and irrigated
- Viewing berms
- Course fencing
- Electronic K markers
- Dedicated tent city with easy access to start/finish

## **Course Inspection**

Course will be available Friday after 3pm (weather dependent). The course will be dedicated at 4pm with two collegiate races starting at 5pm. Race packets and meet merchandise will be available as well on Friday evening and Saturday morning. Please allow additional 15 minutes in your planning for vehicle drop-off and parking.

## **Race Distances**

Varsity - 5,000 Meters

Junior Varsity - 5,000 Meters

## **List of Confirmed Schools**

List of Boys Entries

List of Girls Entries

## Entry Information

Registration will be done through [mo.milesplit.com](http://mo.milesplit.com). Registration will open on Monday, August 19th and close at midnight on September 12th. Up to 10 athletes are allowed to compete in the Varsity divisions, with unlimited entries in the JV divisions.

- Set up an account if you do not have one. If you need assistance, visit [milesplit support](http://milesplit.com/support).
- Sometime after your official roster is submitted to MSHSAA, it will populate in [mo.milesplit.com](http://mo.milesplit.com). You can view and edit roster as needed.
- On the meet calendar page you can click on the Gans Creek Classic and proceed through the official entry process. You will proceed through the provided checklist where you will be asked to choose your team, athletes, and finalize your athlete entries.

## Box Assignments

Box assignments will be drawn a week prior to the meet and updated on the website. Right now, divisions will be either based on your preference, school size, or competitiveness. School interest will help determine final race declarations.

## Schedule of Events

6am	Course Open/Package Pick-Up
7am	Trainer On Duty
7:55am	National Anthem
8am	White Division Girls Varsity 5K Race
8:30am	White Division Boys Varsity 5K Race
9am	Blue Division Girls Varsity 5K Race
9am	Varsity White Division Awards
9:30am	Gold Division Girls Varsity 5K Race
10am	Blue Division Boys Varsity 5K Race
10:30am	Varsity Blue Division Awards
10:30am	Gold Division Boys Varsity 5K Race
11am	Varsity Gold Division Awards
11am	Blue/White Divisions Girls JV 5K Race
11:30am	Gold Division Girls JV 5K Race
12pm	Blue/White Divisions Boys JV 5K Race
12:30pm	Gold Division Boys JV 5K Race
1pm	JV Blue/White/Gold Division Awards

\*Division Note: Gold is the most competitive, followed by blue and finally white.

\*If heat poses a threat to athlete safety, we reserve the right to shorten the JV race distances.

## **Inclement Weather Policy**

Meet organizers reserve the right to alter or cancel the meet due to inclement weather in the case that we deem conditions to be unsafe to compete or complete a given event. In general, we will follow the MSHSAA weather policy. In the case of lightning, we will delay the start of any event until 30 minutes after the last sighting of lightning. In the case of extreme heat, the event and the remaining races will be canceled if the heat index reaches 105 degrees. Race committee will begin to alter race distances if the heat index reaches 95 degrees or we deem conditions to be unsafe to complete the advertised distance.

## **Results/Timing**

PrimeTime Timing will be used to time the races. Live results will be made available online and be posted following each race: [www.pttiming.com](http://www.pttiming.com).

## **Awards**

Varsity and Junior Varsity (Champion and Runner-Up) team awards along with top 25 in each division.

## **Trainers**

Trainers will be on duty at 7:00am in the tent (behind the finish line).

## **Accommodations**

Stoney Creek Inn - 2601 S. Providence Rd, Columbia, MO 65203 ~ 573.442.6400

TownePlace Suites - 4400 Nocona Pkwy, Columbia, MO 65201 ~ 573.817.0012

## **Parking Information**

Parking is free for this event and there will be no admission fee. Attached is a map that identifies all lots for schools and spectators. This is a big meet so please plan accordingly.

- School Busses - The Crossing Church
- School Mini-Busses, Vans and Cars - North Lot Gans Creek Recreation Area
- Spectators

Restricted Lot	North Lot Gans Recreation Area (ADA permit required)
P1 & P2	Philips Lake Park Lot (walking distance)
P3	Father Tolton High School (walking distance)
P4 & P5	IDEXX BioAnalytics and Eurofins BioPharma Product Testing (shuttle) *4011 Discovery Drive
P6 & P7	Discovery Office Park (shuttle) *4251 Philips Farm Road

## **Concessions**

We will have a wide variety of food, snacks and drinks at our concession stands.

## **Apparel**

Online store will be available September 9-September 18. Meet apparel will be available Friday during course review, as well as Saturday morning.

## **Questions**

For questions, please contact Erika Coffman at [Erika.Coffman@como.gov](mailto:Erika.Coffman@como.gov).



